

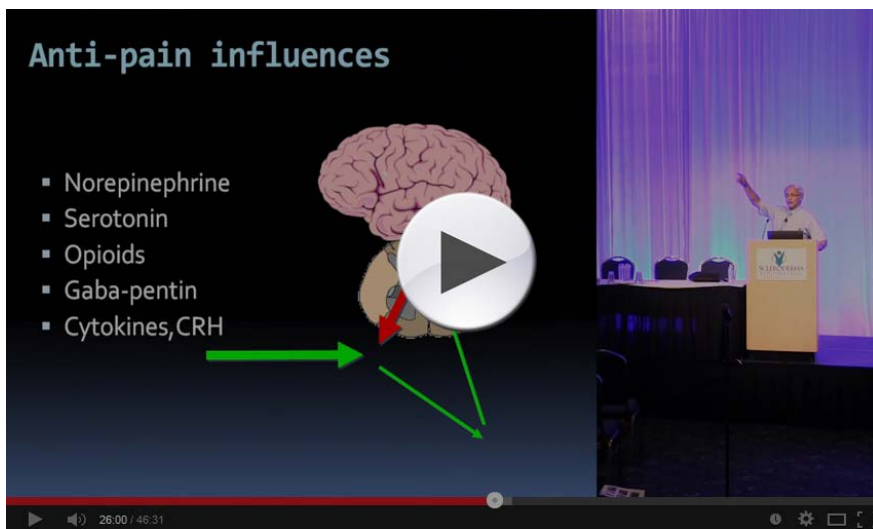
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SCLERODERMA FOUNDATION

SUPPORT • EDUCATION • RESEARCH

eLetter #585 | December 12, 2014

Video: The Causes and Treatment of Pain in Scleroderma



Pain is a persistent and difficult problem in scleroderma, affecting function in multiple ways. In this video from the 2014 National Patient Education Conference, Dr. Daniel Furst of UCLA examines the many ways pain can arise from our muscles, tendons, joints, internal organs and brain, and how the treatments are as varied as the causes. Dr. Furst also analyzes ways to deal with living with scleroderma.

[Watch the video on YouTube >>](#)[Go to the Scleroderma Foundation's YouTube channel to view more Conference videos >>](#)

Stay tuned to the weekly eLetter as we share more videos from this year's Conference!

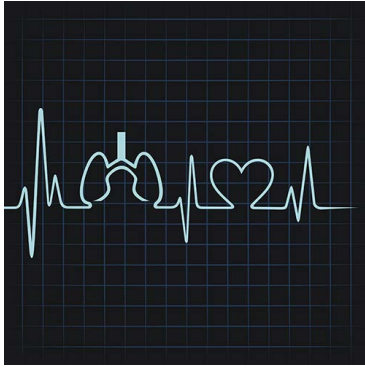
Largest Study Evaluating Survival in SSc Patients

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Following Lung Transplantation



Patients with end-stage lung disease due to systemic sclerosis should not simply be denied lung transplantation because of short- and long-term survival concerns due to extra-pulmonary factors, according to new research findings presented this week at the American College of Rheumatology Annual Meeting in Boston.

Hospitals may be reluctant to approve lung transplantation in systemic sclerosis patients due to their concerns about extra-pulmonary involvement that might affect the patients' short- and long-term survival.

[Read the article at Newswise.com >>](#)

PHA e-Learning Guides - Traveling With Pulmonary Hypertension



Offered by the Pulmonary Hypertension Association (PHA), this checklist is a great way to organize your travel needs to ensure a safe and happy trip when you have pulmonary hypertension. You can also download the checklist as a PDF to print out and have on hand when you need it!

[Read the checklist at PHAssociation.org >>](#)

Science-Based Health and Wellness Resources for Your Community



The National Institutes of Health (NIH) website lists a wealth of resources that can help you or a loved one on your path to improved health and well-being. Check out the [NIH News in Health](#), a monthly newsletter from the NIH which provides practical health information based on NIH research.

[NIH Senior Health](#) features research-based information about a range of

health issues for older adults. These and so many more are available to browse at the NIH website.

[Find more resources at NIH.gov >>](#)

Disclaimer: The Scleroderma Foundation in no way endorses any drugs, treatments, clinical trials, or studies reported in the eLetter. Information is provided to keep the readers informed. Because the manifestations and severity of scleroderma vary among individuals, personalized medical management is essential. Therefore, it is strongly recommended that all drugs and treatments be discussed with the reader's physician(s) for proper evaluation and treatment.



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