

# SCLERODERMA SUPPORT GROUP

**YOU ARE NOT ALONE**

## SCLERODERMA FOUNDATION

SUPPORT · EDUCATION · RESEARCH

### TRI-STATE CHAPTER

#### OUR MISSION

##### Support

Provide education and emotional support to people with scleroderma and their families.

##### Research

Stimulate and support research designed to identify the cause and cure for scleroderma, as well as improve methods of treatment.

##### Education

Enhance the public's awareness of this disease.

#### WHAT IS SCLERODERMA?

Literally, scleroderma means "hard skin" yet it's better characterized as the hardening of the body's connective tissues through an overproduction of collagen. As collagen builds, fibrosis hardens tissues. It is chronic and characterized as an autoimmune disease.

About 300,000 persons in the United States are affected and there are millions of patients world-wide.

Women are more likely than men to have scleroderma by a ratio of about 4:1.

The term scleroderma is an umbrella under which many specific types of the disease fall. Each type has its own course and treatment options to help patients live longer, better quality lives, until a cure is found.



### SCLERODERMA SUPER STARZ FACEBOOK GROUP

Scleroderma Super Starz provides emotional and educational support to teens and young adults (13-40 years old) as well as their families and caregivers.

The Super Starz will focus on sharing experiences and providing an opportunity to network, to post disease-related information, and share common concerns.

This group will be a safe, non-judgmental forum for members to speak openly and share ideas for coping with the struggles faced by those with scleroderma in an environment of mutual support.

**Leader:** Amy Gietzen (716) 479-0756

[SclerodermaSuperStarz@Scleroderma.org](mailto:SclerodermaSuperStarz@Scleroderma.org)

## JUNE IS SCLERODERMA AWARENESS MONTH

Find out how to get involved  
at [sclerodermatristate.org](http://sclerodermatristate.org)

## 2017 WALKS STEPPING OUT TO CURE SCLERODERMA

### REGISTER ONLINE

<http://walks.SclerodermaTriState.org>

#### Rochester, NY

June 3 | 9 am  
Seneca Park

#### Syracuse, NY

June 11 | 9 am  
Onondaga Lake Park

#### Buffalo, NY

June 3 | 10 am  
Eastern Hills Mall

#### Manhattan, NY

June 11 | 9 am  
Riverside Park  
96th Street

#### Binghamton, NY

June 4 | 9 am  
Otsiningo Park

#### Westchester, NY and Stamford, CT have joined together

June 11 | 9 am  
Irvington Union Free  
High School

#### Long Island, NY

June 4 | 9 am  
Wantagh Park

#### Albany, NY

June 4 | 6:30 pm  
Crossgates Mall

#### Poughkeepsie, NY

June 17 | 9 am  
Vassar College

#### Hartford, CT

June 10 | 9 am  
University of St Joseph

#### Staten Island, NY

June 25 | 9 am  
Franklin D. Roosevelt  
Boardwalk & Beach

#### Ridgefield Park, NJ

June 11 | 9 a.m.  
Overpeck Park



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[www.sclerodermatristate.org](http://www.sclerodermatristate.org) | 800-867-0885

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