

## THANK YOU TO OUR DONORS

and **hundreds of volunteers** that raise funds and support our mission! Because of your efforts the Tri-State Chapter has:

- **Contributed more than \$900,000** to support the Foundation and the Research Program in the last five years.
- **Presented 10 Patient Education Forums** in 2016, attended by nearly 1,000 patients, family members and caregivers.
- **Funded an additional grant** of \$150,000 through the Scleroderma Foundation Research Program with Dr. Theresa Lu at HSS.

### REGISTRATION

**[MtSinaiEd.SclerodermaTriState.org](http://MtSinaiEd.SclerodermaTriState.org)**

#### OTHER WAYS TO REGISTER:

**Call:** 800-867-0885 **Fax:** 607-723-2039

**Email:** [mbbkadylak@SclerodermaTriState.org](mailto:mbbkadylak@SclerodermaTriState.org)

**Mail form:** Scleroderma Foundation Tri-State Chapter  
59 Front Street, Binghamton, NY 13905

## MT. SINAI HOSPITAL SCLERODERMA PATIENT EDUCATION FORUM SATURDAY, DECEMBER 9, 2017

*Registration is free | Family and caregivers are encouraged to attend | Light lunch provided*

Number attending \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

*The Mt. Sinai New York Scleroderma Patient Education Forum brings you information that is important to scleroderma patients, family members, friends, caregivers and health care professionals.*

### PROGRAM SCHEDULE

- 11:00 am** Registration & Lunch
- 11:30 pm** Tri-State Welcome  
**Mary Beth Bobik-Kadylak**  
*Director of Patient Education & Support*
- 12:00 pm** Scleroderma Symptoms and Management  
**Margrit Wiesendanger, MD, PhD**  
**Q & A immediately following**
- 1:00 pm** Break
- 1:15 pm** A Word About Support Groups  
**Mary Beth Bobik-Kadylak**
- 1:30 pm** Scleroderma Pathogenesis - Immunology and Treatment Approaches  
**Ioannis Tassiulas, MD, PhD**  
**Q & A immediately following**
- 2:30 pm** Break
- 2:45 pm** Lung Manifestations of Scleroderma  
**Maria Padilla, MD**  
**Q & A immediately following**
- 3:45 pm** Closing Remarks / Program Evaluation

**PLEASE DRESS FOR AN AIR-CONDITIONED VENUE AND BRING LAYERS FOR COMFORT.**



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TRI-STATE CHAPTER  
59 Front Street, Binghamton, NY 13905  
[www.sclerodermatristate.org](http://www.sclerodermatristate.org) | 800-867-0885

Connect with us



[SclerodermaVideo.com](http://SclerodermaVideo.com) - past educational events 24/7

# SCLERODERMA PATIENT EDUCATION FORUM

## YOU ARE NOT ALONE



## MOUNT SINAI HOSPITAL Leon and Norma Hess Center for Science and Medicine

5th Floor, Room 5-101

1470 Madison Ave, New York, NY 10029

**SATURDAY, DECEMBER 9, 2017**  
**11:00 AM – 4:00 PM**

#### Event Parking Options

**Parking garage** at 1292 Park Ave, New York, NY 10029  
(on 99th Street between Park and Madison Avenues)

#### Metered on street parking

**MPG Parking:** 6 East 102nd Street, New York, NY 10029,  
Between Madison and 5th Avenues

**Imperial Parking Systems:** 1510 Lexington Avenue,  
New York, NY 10029, Entrance on 98th Street between  
Lexington and Park Avenues

**GGMC Parking:** 60 East 94th Street, New York, NY  
10128, Between Madison and Park Avenues



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TRI-STATE CHAPTER



## MARGRIT WIESENDANGER, MD, PHD

Topic: ***Scleroderma Symptoms and Management***

Dr. Wiesendanger is a graduate of the Albert Einstein College of Medicine in the Bronx, NY, where she earned a dual MD-PhD degree in the discipline of Immunology. She then completed a residency in Internal Medicine and fellowship in Rheumatology at the New York-Presbyterian Hospital/Columbia campus. Dr. Wiesendanger is board certified in both Rheumatology and Internal Medicine. She served on the faculty in the Division of General Medicine at NYPH-Columbia before joining the Division of Rheumatology at Mount Sinai Hospital in April 2015. Her patient care activities include the Mount Sinai Faculty Practice Associates and the Center for Advanced Medicine. She is the current Program Director for the rheumatology fellowship.

Dr. Wiesendanger has received several awards, including the prestigious Daniel V. Kimberg Memorial Junior Faculty Teaching Award and the Ewig Clinical Scholar Award. She is fluent in English, Spanish and French.



## IOANNIS TASSIULAS, MD, PHD

Topic: ***Scleroderma Pathogenesis - Immunology and Treatment Approaches***

Dr. Tassioulas completed his residency in internal medicine at Albert Einstein Medical Center, his rheumatology fellowship at the Hospital for Special Surgery and a cellular and molecular immunology fellowship at the National Institute of Arthritis Musculoskeletal and Skin Diseases/NIH. He is an Associate Professor of Medicine in the Department of Rheumatology at Mount

Sinai Hospital. His research interests focus on cytokine and immune receptor signaling in chronic inflammatory and autoimmune diseases.

Dr. Tassioulas has been a member of a task force of the European League Against Rheumatism standing committee for clinical affairs for the development of recommendations for the management of systemic lupus erythematosus. He is fluent in English and Greek.



## MARIA L. PADILLA, MD

Topic: ***Lung Manifestations of Scleroderma***

Dr. Padilla is currently a Professor in the Department of Pulmonary and Critical Care and Sleep Medicine at Mount Sinai Hospital. After completing her pulmonary fellowship at Mount Sinai School of Medicine and The Mount Sinai Medical Center, she pursued her studies in lung transplantation by attending the programs at Toronto General Hospital and Stanford University. She was the co-founder of the program at Mount Sinai Hospital. During her fellowship training, Dr. Padilla conducted research in pathology, developing models of pulmonary diseases. She also participated in clinical research in sarcoidosis and interstitial lung diseases.

Dr. Padilla is board certified in Internal Medicine, Pulmonary Medicine, and Critical Care Medicine. She is the Director of Mount Sinai's Advanced Lung/Interstitial Lung Disease Program and the Medical Director of the Lung Transplantation Program. She is also involved in the Sarcoidosis Service and the adult Cystic Fibrosis program. She is a consultant to other transplant programs at Mount Sinai, and is also the principal investigator of clinical research projects. Dr. Padilla specializes in the treatment of diffuse interstitial lung diseases, including idiopathic interstitial pneumonia, acute interstitial pneumonia, lymphocytic interstitial pneumonia, non-specific interstitial pneumonia, organizing pneumonia, bronchiolitis obliterans, and hypersensitivity pneumonia. She also specializes in lung diseases associated with rheumatologic disorders, such as rheumatoid arthritis, dermatomyositis, mixed connective tissue disease, and scleroderma

## LOOKING FOR SUPPORT?



Visit the Tri-State website for the Tri-State Connect schedule and information on how to join these support group meeting calls.

Each session provides education, support and an opportunity to listen and ask questions of featured speakers, other attendees and the Tri-State Chapter.

Leader: Jan Nitti-Gnall, MPH, MT

email: [TSConnect@scleroderma.org](mailto:TSConnect@scleroderma.org) | call: (973) 997-5590.

Previous meetings on YouTube: <http://youtube.com/c/sftristate>

## FACEBOOK SUPPORT GROUPS:



Because scleroderma manifests itself in a unique way in men, their issues and concerns are unique as well. This support system provides a means for men with scleroderma to connect with each other - share stories, seek advice and ask questions - in a caring and supportive environment. Become part of an understanding and educated group of men finding ways to deal with scleroderma and its complications. Only men with scleroderma may join by request.

Co-Leader: Andrew Botieri (508) 982-7523

[ScleroMen@Scleroderma.org](mailto:ScleroMen@Scleroderma.org)

Co-Leader: Lee Korotzer [LKorotzer@yahoo.com](mailto:LKorotzer@yahoo.com)



Scleroderma Super Starz provides emotional and educational support to teens and young adults as well as their families and caregivers. The group focuses on sharing experiences and providing opportunities to network, post disease-related information, and share common concerns. A safe, non-judgmental forum where members can speak openly and share ideas for coping with struggles faced by those with scleroderma in an environment of mutual support.

Leader: Amy Gietzen (716) 479-0756

[SclerodermaSuperStarz@Scleroderma.org](mailto:SclerodermaSuperStarz@Scleroderma.org)

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